



First Presbyterian Church
Elizabethton
Arms Open Wide

Mental Health Professionals in the Tri-Cities area

The list below represents counselors, therapists, and other mental health professionals who are believed to be open and affirming toward LGBTQ+ individuals and who will not approach mental health from a conservative religious standpoint. No specific endorsement is made for anyone on this list.

Name / Certification	Contact Information	Notes
Arnfield, Laura LMFT	423-542-3819 Kingsport	children, adolescent and families.
Asher, Jean Gay LMFT	423-968-4095 Kingsport	adults, individual and couples
Brizendine, Ron LCSW	423-968-2225 Bristol	Psychotherapy
Brock, Jill LCSW	423-341-4511 Johnson City	children, adolescents and families.
Cannon, Cathy LCSW	423-418-2400 Johnson City	adults, families, children and adolescents
Carey, LaDonna MA	423-230-0909 Kingsport / Johnson City	adults, adolescents, and couples. Most insurance
Cherry, Donna LCSW	423-213-9393 Johnson City	adults, trauma EMDR
Covington, Lana LCSW	423-773-2940 Johnson City	adults, trauma EMDR
Cox, Lisa MSSW, LCSW	423-525-4534 423-525-0388 (cell) Greeneville	Prefers to see adults only
Daniels, Jean PhD	423-975-6552 Johnson City	adults, families, individual. Most insurance
Denton, Donita LCSW	423-283-9182 Johnson City	adults, life transitions, grief. Some insurance
ETSU Counseling Center	423-439-7679 Johnson City	Free counseling provided by graduate students
Flint-Wampler, Barbara LCSW	423-928-6993 Johnson City	adults, individual and couples
Hickman, Blair LCSW	423-262-0317 Johnson City	children adolescents and families. Most insurance
Kelly, Cynthia LCSW	423-330-7943 Erwin	children, adolescents, adults, family, couples, grief
Kersey, Leslie MS	423-928-0036 Johnson City	children, adolescents, and families. Most insurance
Locklear, Sarlena MA, NCC, LPC/MHSP	423-823-9111 Greeneville	

Moody, Tammy LCSW	423-282-1394 Johnson City	Adults, anxiety and panic disorders
Parris, Jennifer LCSW	423-282-0626 Johnson City	adults and older adolescents, relationship counseling, individual and family Couples, grief, divorce, life transitions. Most insurance
Roth, Leah LCSW	423-952-0500	
Scaggs, Dana MA	423-377-4711 Johnson City	adults, couples
Smith, Sybil (Journey Center for the Healing Arts)	sybil@journeycentercounseling.com 423-408-8041	
Wilkins, Brittany LCSW	dr.brittany.wilkins.lcsw@gmail.com Johnson City	Transgender issues